Perham Health VolunTEEN Program Guidelines

Whether you are interested in the medical field or you would like to be part of a program that makes a difference in the lives of patients, residents and visitors, being a VolunTEEN at Perham Health offers a very rewarding experience. If you will be between 16-18 years old by June 1, 2020, you should consider volunteering at Perham Health.

VolunTEENs will volunteer on both the Perham Health and Perham Living campuses and do things like visit with patients and residents, help families with way-finding, support staff with clerical tasks, help with activities, and much more. Opportunities to volunteer are available Mondays, Tuesday, Wednesday, and Thursdays, mornings and afternoons.

VolunTEEN Opportunities
Below there are some potential opportunities and areas VolunTEENs will have the chance to work in:

<table>
<thead>
<tr>
<th>Perham Health</th>
<th>Perham Living</th>
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<tbody>
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<td>– Visit and do activities with patients</td>
<td>– Visit with residents</td>
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<td>– Help in the Gift Shop</td>
<td>– Help with the large group activity</td>
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<td>– Stock patient closets with supplies</td>
<td>– Do small group activities in the households</td>
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<td>– Deliver the Good Things Cart (activities cart) to patients</td>
<td>– Work in the courtyard</td>
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<tr>
<td>– Work in the courtyard</td>
<td>– Share talents with residents</td>
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VolunTEEN Benefits
There are many benefits that come along with being a part of the VolunTEEN Program. Here are just a few:

1. VolunTEEN will work in a variety of health care areas and gain experience in the health care field.
2. Volunteer hours are tracked and count toward any volunteer hour requirement student has to meet.
3. After successful completion of the VolunTEEN program, VolunTEEN will have the opportunity to receive a letter of recommendation for Perham Health.
4. Upon working at least 4 hours per day, VolunTEEN will be eligible for a free meal at one of the Perham Health cafeterias.
5. VolunTEEN will have the opportunity to make a difference in the life of a patient or resident.

Requirements
- Must be at least 16 years of age June 1, 2020
- Commit to a minimum of 4-hours every week of the 13-week program between Monday, June 1 – Friday, August 28.
  - Please check your summer schedule to be sure you can commit to volunteering all summer. If you will be gone more than two weeks during the summer, please do not apply for this year.
- Have a sincere desire to perform community service
- Pass a background study and fingerprinting conducted through the Minnesota Department of Human Services
- Provide documentation of all required immunization and complete a tuberculosis screening
- Attend mandatory orientation
Application Process
Applications must include:

1. Complete online application form
2. Submit one teacher or guidance counselor reference form
3. Have a parent or guardian print, sign and return a parent release form

*PLEASE NOTE: Applications are complete when all forms (online application, reference form and parental release form) are submitted to the Perham Health Volunteer Program.

Volunteer applications for the 2020 Summer Program must be received by April 10, 2020 at 11:59pm.

Student will be contacted by email (after April 10, 2020) for an interview if the application is accepted. Student will be contacted by email if not accepted.

After an interview has been completed, the final decision process will occur. Those individuals chosen for the 2020 program will be notified the day of the interview or by email. Please be prepared to know when you will be available to volunteer.

Orientation
Orientation date will be scheduled after candidates are selected. This orientation is mandatory and you must attend in order to be a part of the VolunTEEN Program. No make-up sessions will be scheduled.

During the orientation, VolunTEENs will learn the mission, vision, values of Perham Health, and review VolunTEEN expectations, Perham Health’s Code of Conduct and safety policies. Additionally during this time, we will complete the background check, conduct the health screening and schedule a time to receive the required immunizations if deemed necessary.

Immunizations & Health Screenings
Healthcare volunteers are at risk for exposure to serious, and sometimes deadly, diseases. If you work directly with patients or residents, you should get appropriate vaccines to reduce the chance that you will get or spread vaccine-preventable diseases. Protect yourself, your patients/residents, and your family members. Make sure you are up-to-date with recommended vaccines.

Immunization requirements and health screenings must be completed within 90 days of hire (barring medical reasons). If not completed the volunteer may be removed from the schedule until completed. All required vaccinations and health screenings will be offered to volunteers at no cost through the Perham Health Clinic.

Required Immunizations

**MMR: Measles, Mumps, Rubella:**
Evidence of immunity for volunteers regardless of when they were born, includes:

- Having had 2 doses of live vaccine OR
- Serologic evidence of immunity to measles, mumps, rubella OR
- Laboratory confirmation of disease.

**VARICELLA: Chicken Pox**
Immunity will be documented on all new volunteers in **ONE** of the following ways:

- 2 doses of vaccine OR 2 doses of Zostavax
- Serologic evidence of immunity to varicella OR
 Health Care Provider verified diagnosis of varicella disease OR herpes zoster disease.

HEPATITIS B
Hepatitis B vaccine is optional, but highly recommended and offered free of charge to all volunteers. **ONE** of the following will be recommended:

 3 doses of vaccine OR
 Serologic evidence of immunity to Hepatitis B
 Volunteers who have not responded after two full series of vaccine (6 doses) and an appropriately timed titer (1-2 months post vaccination) and have a negative Hepatitis B surface Antigen will be documented as a non-responder.
 Volunteers who decline vaccine must sign a declination statement.

INFLUENZA:
All Perham Health volunteers are strongly encouraged to participate in the annual influenza program and the vaccine is provided at no cost.

Health Screenings
Tuberculosis
Baseline TB screening is required for all volunteers.

Baseline TB screening consists of three components:

1. Assessing for current symptoms of active TB disease
2. Assessing TB history
3. Testing for presence of infection by doing a Quantiferon (IGRA) blood test

Volunteer may begin working after a negative TB symptom screen (i.e., no symptoms of active TB disease) **AND** a blood test within 10 weeks before hire.

If a volunteer has written documentation of a previous positive blood test and who work in a medium-risk settings does not need additional blood test but should be assess for current TB symptoms on an annual basis and instructed to seek medical evaluation if TB symptoms develop at any time.

**Additional Information**
If you have further questions about the Perham Health VolunTEEN Program you can contact Maggie Fresonke, Volunteer Coordinator by phone at (218) 347-1887 or by email at maggie.fresonke@perhamhealth.org.